



## Gammie HomeCare

Compassionate. Knowledgeable. Solutions.

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# CPAP Sleep Therapy Insurance Coverage Criteria

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## 1

### Prescription of Ordered Item

1. If CPAP, a centimeter of water pressure (cwp) setting or range of settings (auto units range 4-20 cwp) must be included
2. Heated humidification, must be prescribed in addition to the unit (if needed)
3. If patient is already on file with GHC and just needs new supplies (mask, headgear, hose, filter, etc.), prescription for CPAP SUPPLIES is adequate.

## 2

### Medical Record Documenting:

1. Face to Face physician evaluation prior to sleep study to include sleep history and symptoms of OSA.
2. Diagnosis of Obstructive Sleep Apnea. In some cases, secondary symptoms (hypersomnolence, hypertension, insomnia, etc.) must be listed to help determined qualification.
3. Sleep Study (Polysomnography Report) - must include an Apnea – Hypopnea Index (AHI) or Respiratory Disturbance Index (RDI) to determine coverage.

## 3

### Letter of Medical Necessity

(Form supplied by Gammie HomeCare if medical documentation qualifies patient for insurance coverage.)